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In this issue of our Newsletter:

## **Preventive Maintenance Program At Tuckerton Dental**

Our patients at Tuckerton Dental are always encouraged to get a dental cleaning & check up every three to six months. Tobacco, alcohol consumption, diabetes, pregnancy, periodontal and gum disease, poor oral hygiene and certain medical conditions are some of the factors that Dr. Petrosky takes into consideration when deciding how often you need your dental cleaning & check up. A cleaning will usually consist of the following:

- Scaling, often done by hand to or remove plaque and tartar from all tooth surfaces.
- Root Planning, or clean perio (early signs of gum disease) pockets to stop further gum problems.
- Polish (used to remove heavy stains if any) with a rubber cup and polishing paste on the surface of the teeth.

Going to us for your regular check ups will help to keep your gums and teeth healthy as well as detect any early problems such as gum disease, oral cancer and cavities. The best way to maintain good oral health is to visit Tuckerton Dental on a regular basis. Here are...

### **10 Good Reasons to Visit Tuckerton Dental For A Checkup and Cleaning!**

Good oral hygiene is important, not only for looks, but for general health as well. Poor oral hygiene can lead to a variety of dental and medical problems such as gum disease, infection, bone loss, heart disease, strokes and more. Regular check ups and cleanings can prevent these problems as well as provide you with good oral hygiene.

#### **1. To Prevent Oral Cancer**

According to The Oral Cancer Foundation, someone dies from oral cancer, every hour of every day in the United States alone. When you have your dental cleaning, your dentist and hygienist are also screening you for oral cancer, which is highly curable if diagnosed early. At Tuckerton Dental we use the Velscope® hand held device with its tissue fluorescence for early detection.

#### **2. To Prevent Gum Disease**

Gum disease is an infection in the gum tissues and bone that keep your teeth in place and is one of the leading causes of adult tooth loss. If diagnosed early, it can be treated and reversed. If treatment is not received, a more serious and advanced stage of gum disease may follow. Regular dental cleanings and check ups, flossing daily, and brushing twice a day are key factors in preventing gum disease.

#### **3. To Help Maintain Good Physical Health**

Recent studies have linked heart attacks and strokes to gum disease, resulting from poor oral hygiene. A dental cleaning at least every 6 months helps to keep your teeth and gums healthy and could possibly reduce your risk of heart disease and strokes. Also we will monitor your blood pressure.

#### **4. To Keep Your Teeth**

Since gum disease is one of the leading causes of tooth loss in adults, regular dental check ups and cleanings, brushing, and flossing are vital to keeping as many teeth as you can. Keeping your teeth means better chewing function, better self esteem, and ultimately better general health.

### 5. To Detect Dental Problems Early

Dr. Petrosky and his hygienist will be able to detect ant early signs of problems with your teeth or gums. Early detection of cavities, broken fillings and gum disease are easily treatable. If these problems go untreated, root canals, gum surgery, and removal of teeth could become the only treatment options available.

### 6. To Maintain Good Oral Health

Your dental hygienist will help to ensure that you are maintaining your good oral health by visual examination and comparing your previous dental check ups. If you are falling off track with your oral hygiene, Dr. Petrosky will help put you back on the right path.

### 7. To Use Your Dental Insurance Plan

Dental insurance plans usually pay for all or most of the cost of dental cleanings and check ups every six months. Take advantage of this and save a lot of money in the long run by avoiding costly more extensive dental procedures that can result from poor oral hygiene. Also, we participate with most dental plans.

### 8. To Create A Treatment Plan

If Dr. Petrosky diagnoses any problems in your mouth, he will most likely give you a treatment plan. This treatment plan should have the cost of each procedure that you will need, so that you can discuss financial arrangements with the front office. There are 12-18 months *no interest* payment plans available.

### 9. To Have A Bright and White Smile

Our dental hygienist Terry can remove most tobacco, coffee, and tea stains. During your cleaning, Terry will also polish your teeth to a beautiful shine. The result? A whiter and bright smile! Once you see the difference you will wonder why you didn't have your teeth cleaned sooner.

### 10. To Prevent Bad Breath

Dental studies show that about 85 percent of people with persistent bad breath, also known as halitosis have a dental problem that is to blame. Good oral hygiene is essential in preventing bad breath. Regular check ups and cleanings at Tuckerton Dental are the best way to make sure that you are maintaining good oral hygiene.

## Dr. Petrosky & Staff

### New Patient Welcoming Offer

**\$80.00** (Reg \$250)

**Includes:** Exam, Cleaning, BW X-rays, Perio (Gum) Exam, Velscope Oral Cancer Screening

Valid for new patients without dental insurance with coupon. No cash value. One coupon per patient per visit.

### \$100.00 OFF

Laser Periodontal Therapy™ ...  
using the "FDA cleared" Periolas-LANAP™  
for moderate to advanced periodontal disease  
No Cut No Sew No Fear

Valid for new and existing patients with coupon. No cash value. One coupon per patient per visit.

### Lifetime Whitening!

- Offer valid on bleach refills only
- Must maintain continuing hygiene care
- Does not include initial whitening appointment

To be used at time of service only. No cash value. One coupon per person per visit. Not valid with any other discounts.

### \$ 50.00 OFF

#### Any Dental Procedure

Cleaning • Exams • X-Rays • Fillings • Whitening • Crowns •  
Veneers • Bridges • Dentures • Lumineers • Implants

**DUE TO INSURANCE REGULATIONS, COUPON CAN ONLY BE USED FOR NON-INSURED PROCEDURES**  
To be used at time of service only. No cash value. One coupon per person per visit. Not valid with any other discounts.