

May 24, 2010

In this issue of our Newsletter:

## Medical and Dental Effects Associated with Missing Teeth

- The link between the loss of teeth from gum disease and the **increased risk of stroke and heart attack has been well researched**. When the teeth are lost, the damage the gum disease created doesn't go away. The body has been permanently weakened.
- Research at the University of Maryland Department of Nutrition shows that the **"dietary quality and intake of certain nutrients was poorer** among the group with self-perceived ill fitting dentures than those with natural teeth or well fitting dentures".
- A recent study out of London found that **food "rich in nutrients** like nuts, apples and raw carrots **could not be eaten easily for over 50%** " of people with dentures.
- Research at the University Dental School in Ireland showed patients **"reported a significant improvement in satisfaction and health related quality of as did patients who received" traditional dentures.**

The importance of teeth has been well documented and Dr. Charles Mayo, renowned researcher who the world known Mayo Clinic is named for, was a huge advocate for oral health and its impact on total body health.

He stated way back in 1933, *"The presence of dental health is important. Dentistry is distinctive health services and can extend human life ten years."*

**10 years!!** 10 years we are cheated out of when dental disease is present in our mouths. 10 years we are cheated out of when we are missing teeth.

## Research Shows Us That There are Also Emotion Effects of Missing Teeth

- Sadness or Depression associated with the loss
- Lowered self-confidence
- Poor self-image, dislike of appearance
- Holding hands over mouth out of **fear** your dentures will fly out
- Hiding the secret of having tooth loss
- Decrease or total avoidance of social situations
- WRINKLES and LOOKING YEARS OLDER than you really are

So, if you're missing one or more teeth, give us a call...we can help!

For Your Better Health:

**Dr. Petrosky & Staff**

*Tuckerton Dental*

**REFERRAL APPRECIATION PROGRAM**

REFERRED BY: \_\_\_\_\_ NAME OF NEW PATIENT: \_\_\_\_\_ DATE ISSUED: 05-24-2010

In appreciation for referring family & friends.....you'll receive \$20.00 each toward future care as an extra.

“Thank You” for your trust & confidence in us. Dr.Petrosky

### **New Patient Welcoming Offer**

**\$80.00** (Reg. \$250)

**Includes: Exam, Cleaning, BW X-rays, Perio (Gum) Exam, Velscope Oral Cancer Screening**

Valid for new patients without dental insurance with coupon. No cash value. One coupon per patient per visit.

### **Lifetime Whitening!**

• Offer valid on bleach refills only

• Must maintain continuing hygiene care

• Does not include initial whitening appointment

To be used at time of service only. No cash value. One coupon per person per visit. Not valid with any other discounts.

**\$100.00 OFF**

**Laser Periodontal Therapy™ ...  
using the “FDA cleared” Periolas-LANAP™  
for moderate to advanced periodontal disease**

**No Cut No Sew No Fear**

Valid for new and existing patients with coupon. No cash value. One coupon per patient per visit.

**\$ 50.00 OFF**

**Any Dental Procedure**

**Cleaning • Exams • X-Rays • Fillings • Whitening • Crowns •  
Veneers • Bridges • Dentures • Lumineers • Implants**

**DUE TO INSURANCE REGULATIONS, COUPON CAN  
ONLY BE USED FOR NON-INSURED PROCEDURES**  
To be used at time of service only. No cash value. One coupon per person per visit. Not valid with any other discounts.